

Beta Essentials LATIdama Evaluation Rubric

Pattern	Description	Does not Meet Requirement	Meets Requirement	Comments
Req. 1, Oroshi	Stance and arm positions relaxed, yet strikes done to the fullest according to			
	Right and left hand strikes equal in movement and dynamics			
	Transfer of movement-foci transitioned well: shoulder - elbow - wrist.			
Req. 2, Challenge Pattern	Rhythm is learned and properly performed within allotted time.			
	Performance demonstrates awareness of and basics facility of dynamics.			
	Performance demonstrates ability to maintain consistent pulse.			
Req. 3, Question	Students answered question. Bonus points for thoughtful response.			